



# DREAM BIG INDEPENDENT LIVING

The level of support provided will be increased or decreased as required in consultation with the placing authority to meet individual needs, especially for young people with higher level needs who may require 1:1 key working support 24 hours per day.

SUPPORT





## Key Worker

As part of our “Warm Welcome”, our young people are introduced to their key worker who they meet with once every 6 weeks formally and can contact informally at anytime.

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We will hold frequent care review meetings with relevant professionals to assess all dimensions of the young person’s development in terms of:

- Health & development
- Education & training
- Emotional & behavioural development
- Identity
- Family & social relationships
- Financial Arrangements
- An assessment of the quality of accommodation



- **Specialised Support For Complex Needs**

- Counselling
- Life skills workshop
- Group mentoring session
- Support to develop retrospective thinking
- Offending reduction programs in partnership with YOT and other agencies
- Support with reducing substance and/or alcohol abuse
- Relationship building – family and friends
- Work around post-traumatic stress disorder
- Support with asylum applications and other legal matters
- Support for young parents
- Gang awareness and intervention
- Support with reducing risky behaviour that could lead to exploitation
- Support with managing ADHD, including Anger management, and temper control disorder

